



Thought Architects

Want to elevate your leadership capability? Improve your communication approach? Help people make change? We have searched for the right tools to help you as a leader, clinician and change maker. Cognitive CoachingSM is a highly evidenced, practical and transformative communication model that can help you reach your highest level of success.

*Thought Architects is hosting a Cognitive CoachingSM **Foundation Seminar** in Calgary starting this fall.*



What is Cognitive CoachingSM?

As healthcare leaders, how do we shift our identity from "problem solvers" to "mediators of thinking" to grow our teams and collaborative partnerships?

Cognitive CoachingSM is a transformational four-part skill development program in which participants learn the skills that facilitate meaningful and authentic communication to extend the thinking and resourcefulness of others. Participants will learn and develop the ability to use strategies relating to ways of responding and inquiring that support the thinking of others. This model of coaching addresses the thought processes that precede "deciding" and "behaving". The ultimate goal is to support improved professional performance and enhanced decision making.



What can Cognitive CoachingSM teach you?

Over the course of this eight-day Seminar, you will learn how to:

- Develop trust and rapport
- Develop an identity as a mediator of thinking
- Utilize conversation structures for planning, reflecting and problem resolving
- Develop sense of autonomy and community
- Develop higher levels of efficacy, consciousness, craftsmanship, flexibility and interdependence
- Apply four support functions: coaching, evaluating, consulting, collaborating
- Utilize the coaching tools of pausing, paraphrasing, and posing questions
- Distinguish among the five forms of feedback
- Use data to mediate thinking



Cognitive CoachingSM changed how I see myself as a change leader. I am not there to have the answers. I am there to help get the best answers out of the room

- Former Participant



Dates

- October 3 & 4, 2019
- November 14 & 15, 2019
- January 9 & 10, 2020
- February 20 & 21, 2020



Time

- Thursdays: 11AM - 5PM
- Fridays: 9AM - 3PM



Location

- Infusion Co-Working

Limited spots available. Register now before you miss out!

Unsure if you want to commit? Go for our 2-day at a time option for \$400. Or, sign-up for the four sessions for \$1200. You may be eligible for up to 80% of funding through the Canada-Alberta Job Grant. Contact us to see if you are eligible.



Register now at thoughtarchitects.ca/calendar-of-events



www.thoughtarchitects.ca



info@thoughtarchitects.ca